

SANDWICHES

**THE CLASSIC
CRISPY CHICKEN** 545 cal \$6.19
crispy chicken, pickles

**THE SPICY
CRISPY CHICKEN** 600 cal \$6.49
crispy chicken, rooster sauce,
pickles

**THE BACON RANCH
CRISPY CHICKEN** 650 cal \$8.19
crispy chicken, bacon, ranch,
pickles

**THE CLASSIC
GRILLED CHICKEN** 425 cal \$7.19
grilled chicken, pickles



TENDERS

CLASSIC CHICKEN TENDERS
with choice of sauce

3 COUNT 400 cal \$7.49

PLANT-BASED CHIK'N TENDERS
with choice of sauce

3 COUNT 500 cal \$7.49

EXTRAS

FRIES 300 cal \$3.39

BACON 150 cal \$2.00

SAUCE 20 cal \$0.50

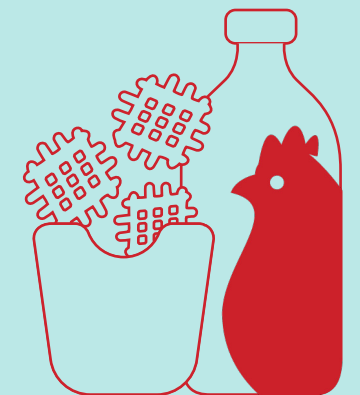
MAKE IT A

Combo

**WAFFLE FRIES & A
20 oz SODA OR
DASANI WATER**

to any entrée add:

\$4.90



BIRD N BRINE
Chicken Kitchen

2000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST.

SALADS \$9.59

CRISPY CHICKEN 450 cal

crispy chicken, chopped romaine, grape tomato, red onion, shredded carrots, shredded cheese & signature sauce

CHICKEN CAESAR 520 cal

crispy chicken, chopped romaine, shredded cheese, croutons, caesar dressing

BUFFALO CHICKEN 620 cal

crispy chicken w/ buffalo sauce, chopped romaine, grape tomato, shredded carrots, shredded cheese, ranch dressing

GRILLED CHICKEN 420 cal

grilled chicken, chopped romaine, grape tomato, red onion, shredded carrots, shredded cheese, balsamic vinaigrette

WRAPS \$8.99

CLASSIC CHICKEN 520 cal

grilled chicken, chopped romaine, sliced tomato, shredded carrots, shredded cheese & signature sauce, 12" flour tortilla

CHICKEN CAESAR 610 cal

crispy chicken, chopped romaine, croutons, shredded cheese & caesar dressing, 12" flour tortilla

CHICKEN BACON 840 cal

crispy chicken, chopped romaine, shredded carrots, sliced tomato, 2 slices bacon, shredded cheese & ranch dressing, 12" flour tortilla

BUFFALO CHICKEN 730 cal

crispy chicken w/ buffalo sauce, chopped romaine, shredded carrots, red onion, shredded cheese & blue cheese, 12" flour tortilla

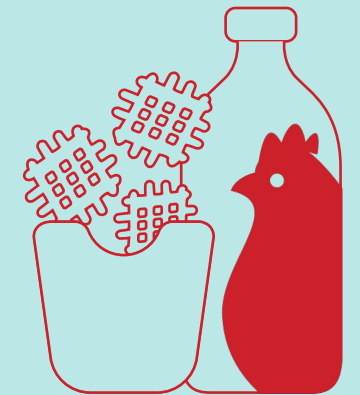
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BOBACHILLER™

Choose your Boba Topping*

| | | |
|-----|---|-----|
| ■ ■ | Dragon Fruit Strawberry | CAL |
| ■ ■ | Mango Lemonade <small>Served with freeze-dried dragon fruit</small> | 160 |
| ■ ■ | Strawberry Lemonade | 140 |
| ■ ■ | Mango Black Tea | 150 |
| ■ ■ | Tropical Lemon Thai Tea | 90 |
| | | 120 |

COFFEES

| | | |
|---|---------------------------|-----|
| | Iced Coffee | CAL |
| ■ | Iced Coffee Latte | 70 |
| ■ | Iced Salted Caramel Latte | 130 |
| ■ | Iced Coconut Latte | 180 |
| ■ | Coffee Frappe | 270 |
| ■ | Salted Caramel Frappe | 230 |
| | | 270 |

TOPPINGS

- Mango Popping Boba
- Freeze Dried Dragon Fruit
- Strawberry Popping Boba
- Tapioca Boba

ALL BEVERAGES

16OZ FOR \$5.99

MILK TEAS



Served with Tapioca Boba*

| | | |
|---|------------------------------|-----|
| ■ | Black Milk Tea | CAL |
| ■ | Salted Caramel Milk Tea | 260 |
| ■ | Thai Milk Tea | 260 |
| ■ | Coconut Thai Tea | 290 |
| ■ | Salted Caramel Thai Milk Tea | 280 |
| | | 270 |



■ Allergens: Contains Milk
Produced in a facility that also uses Tree Nuts, Soy, and Wheat 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information available upon request.
Calories based on 20oz serving size. 16oz serving size facts can be found on the nutritional QR.
*Toppings may be additional charge.



Build Your Own Smoothie Cup for \$6.99 or Bowl Starting at \$8.99

Pick up to 3 frozen fruits (banana, peach, mango, strawberries, blueberries, pineapple) blended with oat milk, water, or orange juice.

| | | cal | | cal |
|--|----------------------|------------|---|--------------------------|
| *NEW* Eat Green Smoothie Cup/Bowl VG | \$6.99/\$8.99 | 175 | Berry Berry Acai Bowl VG | \$8.99 310 |
| Oat milk, spinach, kiwi, chia seeds, acai, mango, banana | | | Mango, pineapple, banana are swirled with oat milk and then topped with more mango and pineapple and a bit of granola | |
| Mixed Berry Smoothie Cup/Bowl VG | \$6.99/\$8.99 | 212 | | |
| Oat milk blended frozen mixed berries | | | | |
| Banana Peach Strawberry Cup/Bowl VG | \$6.99/\$8.99 | 195 | Very Berry Smoothie Bowl VG | \$8.99 280 |
| Oat milk, blended frozen banana, peach, strawberry | | | Oat milk, frozen berry and banana blend topped with fresh strawberries, blueberries, and two toppings of your choice | |
| Mango Peach Pineapple Cup/Bowl VG | \$6.99/\$8.99 | 180 | Peach Orange Smoothie Bowl VG | \$8.99 230 |
| Oat milk, blended frozen mango, pineapple, peach | | | Frozen peaches and bananas blended in orange juice topped with fresh strawberries and two toppings of your choice | |

TOPPINGS

\$1.25 cal

| | |
|---------------------|-----------|
| Acai | 10 |
| Chia Seeds | 70 |
| Gluten Free Granola | 70 |
| Protein Powder | 70 |



Mindful



Vegan



Vegetarian



Plant Based

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entrées

with your choice of veggie fried rice,
lo mein, brown rice, white rice

| | | | |
|-------------------|---------|----|----------|
| single entrée | | | \$ 10.99 |
| double entrée | | | \$ 13.99 |
| sub shrimp / beef | | | \$ 2.59 |
| sides: | | | |
| brown rice | 230 cal | VG | \$ 3.99 |
| white rice | 290 cal | VG | \$ 3.99 |
| lo mein | 270 cal | V | \$ 4.49 |
| veggie fried rice | 270 cal | VG | \$ 4.49 |

extras

| | | | |
|-----------------------|---------|---|----------|
| crab Rangoon (4) | 310 cal | | \$ 8.99 |
| chicken skewers (2) | 300 cal | | \$ 10.99 |
| veggie egg roll (1) | 140 cal | V | \$ 3.19 |
| chicken dumplings (2) | 60 cal | | \$ 3.19 |

dessert

| | | | |
|------------------------------|------|--|---------|
| mini donuts | | | \$ 3.49 |
| dusted with cinnamon & sugar | | | 510 cal |
| add chocolate drizzle | plus | | 130 cal |

featured entrées

with your choice of veggie fried rice,
lo mein, brown rice, white rice

| | |
|---|------------|
| General Tso's chicken tempura chicken with broccoli florets | 200 cal |
| beef & broccoli stir-fried in a brown sauce | 210 cal |
| teriyaki chicken in a sweet savory sauce | 190 cal |
| flash fried tofu with red bell peppers & onions in a savory sauce | 150 cal VG |
| firecracker shrimp sweet & tangy with bold heat | 130 cal |
| orange chicken sweet & tangy with sesame seeds | 380 cal |

V vegetarian VG vegan

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Additional nutritional information available upon request.

featured entrée



Chicken Laksa

Rich and Creamy with Aromatic Spices

190 cal (5 oz)

with your choice of veggie fried rice,
lo mein, brown rice, white rice

Allergens: Soy | Wheat | Tree Nut | Sesame Seed

toppings

| | | |
|-------------------------------------|---------------|----|
| steamed broccoli florets | 10 cal (1 oz) | VG |
| pickled cucumber & carrot salad | 10 cal (1 oz) | VG |
| fried onions | 60 cal (1 oz) | VG |
| Asian slaw with fresh cilantro | 10 cal (1 oz) | |
| veggie salad with chili lime sauce | 10 cal (1 oz) | |
| edamame salad with chili lime sauce | 30 cal (1 oz) | |

sauces

| | | |
|-------------------|----------------|----|
| chili lime sauce | 45 cal (1 oz) | |
| spicy mayo | 144 cal (1 oz) | V |
| sriracha sauce | 25 cal (1 oz) | VG |
| Yum Yum sauce | 150 cal (1 oz) | V |
| spring roll sauce | 62 cal (1 oz) | VG |

V vegetarian **VG** vegan

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