

MAIN MENU SPRING 2025



BREAKFAST HOURS Monday - Friday | 7:00 AM - 10:30 AM

LUNCH HOURS

Monday - Friday | 11:00 a.m. - 2:30 p.m.

DINNER HOURS

Everyday 4:30 p.m. - 8:00 p.m.

BRUNCH HOURS

Saturday - Sunday | 10:30 a.m. - 2:30 p.m.

Menu items may change based on product availability. Allergen information can be found at the order kiosk.

FÖD BREAKFAST Monday - Friday

BREAKFAST PLATTER

served with Home Fries **CHOOSE A EGG** Scrambled Eggs | Fried Eggs | Cheesy Scrambled Eggs | Scrambled Egg Whites **CHOOSE A PROTEIN** Bacon | Pork Sausage | Turkey Sausage | Vegan Sausage

BREAKFAST SANDWICH

choice of Bacon or Sausage with Fried Eggs and American Cheese on a Bagel served with Home Fries

PANCAKES PLATTER

CHOOSE A EGG Scrambled Eggs | Fried Eggs | Cheesy Scrambled Eggs | Scrambled Egg Whites CHOOSE A PROTEIN Bacon | Pork Sausage | Turkey Sausage | Vegan Sausage

CHOCOLATE CHIP PANCAKE PLATTER

CHOOSE A EGG Scrambled Eggs | Fried Eggs | Cheesy Scrambled Eggs | Scrambled Egg Whites CHOOSE A PROTEIN Bacon | Pork Sausage | Turkey Sausage | Vegan Sausage

FRENCH TOAST PLATTER

CHOOSE A EGG Scrambled Eggs | Fried Eggs | Cheesy Scrambled Eggs | Scrambled Egg Whites CHOOSE A PROTEIN Bacon | Pork Sausage | Turkey Sausage | Vegan Sausage

BELGIAN WAFFLE PLATTER

CHOOSE A EGG Scrambled Eggs | Fried Eggs | Cheesy Scrambled Eggs | Scrambled Egg Whites CHOOSE A PROTEIN Bacon | Pork Sausage | Turkey Sausage | Vegan Sausage

TOFU SCRAMBLE PLATTER

served with Vegan Sausage & Home Fries



FOD CHICKEN TENDERS (Plain or Sauced)

served with choice of Fries, Chips, or Veggie of the Day option for Tossed Chicken Tenders in Sauce of the Day option for Vegan Chick'n Tenders

BUILD YOUR OWN BURRITO BOWL

CHOOSE A BASE Cilantro Lime Rice | Chopped Lettuce CHOOSE A PROTEIN

Beef Barbacoa | Chipotle Chicken | Pork Carnitas | Sofrito Tofu

CHOOSE ANY TOPPINGS Black Beans, Pico de Gallo, Salsa Verde, Corn Salsa, Sour Cream, Cheese, Queso, Guacamole, and Chopped Lettuce

BUILD YOUR OWN BURGER

served with choice of Fries, Chips, or Veggie of the Day option for Gluten-Free Bun

CHOOSE A PROTEIN Hamburger, Turkey Burger, Grilled Chicken, or Impossible Burger (Plant-Based) CHOOSE A CHEESE

American, Cheddar, Swiss, or Vegan Cheese

GRILLED CHEESE

served on White Bread with choice of Fries, Chips, or Veggie of the Day CHOOSE A CHEESE

American Cheese | Cheddar Cheese | Swiss Cheese | Vegan Cheese

CHOOSE ANY TOPPINGS Bacon | Caramelized Onions | Tomatoes

CHIPOTLE CHICKEN BACON PANINI

Grilled Chicken, Bacon, Pepper Jack Cheese, Lettuce, Tomatoes, and Chipotle Sauce on White Bread (griddled and pressed) served with choice of Fries, Chips, or Veggie of the Day

CHICKEN PENNE ALLA VODKA

Penne Pasta and Herb Grilled Chicken tossed in Vodka Cream Sauce served with a Breadstick options for Vegan Vodka Sauce, Vegan Chick'n, and Gluten-Free Pasta

SPICY ITALIAN FOCCACIA

Ham, Salami, Capicola, Provolone Cheese, Garlic Mayo, Lettuce, Tomatoes, and Cherry Peppers served with Choice of Fries, Chips, or Veggie of the Day option for Gluten-Free Bun



FOD CHICKEN SANDWICH

Fried Chicken, Bacon, American Cheese, Ranch, Pickles, and Jalapeños served on Texas Toast with choice of Fries or Veggie of the Day

FOD CHICKEN TENDERS (Plain or Sauced)

served with choice of Fries or Veggie of the Day option for Tossed Chicken Tenders in Sauce of the Day option for Vegan Chick'n Tenders

BUILD YOUR OWN BURGER

served with choice of Fries or Veggie of the Day option for Gluten-Free Bun

CHOOSE A PROTEIN

Hamburger, Turkey Burger, Grilled Chicken, or Impossible Burger (Plant-Based) CHOOSE A CHEESE

American, Cheddar, Swiss, or Vegan Cheese

GRILLED HOT DOGS

served with choice of Fries or Veggie of the Day option for Vegan Hot Dogs

CHIPOTLE CHICKEN QUESADILLA

Marinated Grilled Chicken, Monterey Jack Cheese, and Chipotle Crema Served with choice of Fresh Guacamole and Fries or Veggie of the Day options for Gluten-Free Tortilla and Vegan Cheese

CHIPOTLE VEGGIE QUESADILLA

Roasted Veggies, Black Beans, and Monterey Jack Cheese Served with choice of Fresh Guacamole and Fries or Veggie of the Day options for Gluten-Free Tortilla and Vegan Cheese

CHEESE QUESADILLA

Monterey Jack Cheese served with choice of Guacamole, Salsa, Sour Cream and Fries or Veggie of the Day options for Gluten-Free Tortilla and Vegan Cheese

SMOKED GOUDA MAC & CHEESE

served with a Breadstick option for Vegan Mac Sauce **CHOOSE ANY TOPPINGS** Popcorn Chicken | Pulled Pork | Bacon

GENERAL TSO'S CHICKEN

Fried General Tso's Tempura Chicken, White Rice, and Broccoli option for Vegan Chick'n

FÖD BRUNCH Saturday - Sunday

CHICKEN & WAFFLES

Fried Chicken Tenders, Belgian Waffle, Strawberries, Strawberry Butter, and Maple Syrup

EGG OMELETS

Meat Lovers Omelet | Veggie Omelet | Cheese Omelet served with choice of Home Fries, Curly Fries, or Veggie of the Day

SOUTHERN EGGS BENEDICT

Biscuits, Cheesy Scrambled Eggs, Bacon, and Hollandaise Sauce served with choice of Home Fries, Curly Fries, or Veggie of the Day options for Gluten-Free Toast

BREAKFAST SLIDERS

Scrambled Eggs, Bacon, American Cheese, and Hollandaise Sauce on Slider Rolls options for Gluten-Free Bun, Vegan Eggs, Vegan Cheese, and no meat

CANNOLI FRENCH TOAST

Challah Bread French Toast, Italian Cannoli Filling, Chocolate Chips option for Gluten-Free Bread

BERRY CHEESECAKE OVERNIGHT OATS

Cheesecake Overnight Oats, Granola, Blueberries, and Strawberries

BBQ PULLED PORK MAC & CHEESE PANINI

BBQ Pulled Pork and Mac & Cheese on White Bread (griddled and pressed) served with choice of Home Fries, Curly Fries, or Veggie of the Day

CAJUN CHICKEN ALFREDO

Fettuccine Pasta, Cajun Blackend Chicken, and Alfredo Sauce served with a Breadstick option for Vegan Chick'n

SOUTHWEST BEEF SWEET POTATO BOWL

Southwestern Ground Beef, Roasted Sweet Potatoes, Cottage Cheese, Avocado, and Hot Honey option for no meat