Summer Buffet Menu

University of Vermont

\$29.99 per person

The summer limited time offer buffet is served with dinner rolls (90 CAL) contains: wheat, soy, sesame, milk and butter (25 CAL) contains: milk

SALAD choice of one:

Cucumber Tomato Salad (35 CAL) with lime mint cilantro dressing

Watermelon Tomato Salad (200 CAL)

Maplebrook Farm feta, toasted almonds, mixed greens, and red wine vinaigrette contains: milk, tree nuts

PROTEIN choice of two:

Jerk Pork Loin (365 CAL) with peach cucumber salsa

Grilled Ancho Mango BBQ Chicken Thighs (170 CAL)

Orecchiette with Broccoli and Garbanzo (230 CAL) sundried tomato pesto, sunflower seeds, basil, parsley, garlic, fresh tomatoes contains: wheat

STARCH choice of one

Roasted Lemon Herb Potatoes (110 CAL)

Tomato Bell Pepper Rice(130 CAL) Jasmine rice, tri-colored bell peppers, garlic

VEGETABLE choice of one:

Roasted Summer Squash and Tomatoes (80 CAL) zucchini and vellow squash, herbs

Green Bean, Tomato, Garlic, and Shallot (120 CAL) zucchini and yellow squash, herbs

DESSERT choice of one:

Cucumber Key Lime Pie (250 CAL)

contains: wheat, milk, eggs, soy

Cornbread Strawberry Shortcake (420 CAL) fresh strawberries, Proctor maple syrup, Mascarpone frosting







