

BREAKFAST

| | | |
|---|----------------|---------------|
| Sausage Sunrise* | 510 cal | \$4.29 |
| sausage, egg & cheese on toast | | |
| The Classic New Yorker* | 540 cal | \$4.29 |
| bacon, egg & cheese on a bagel | | |
| The Hangover Helper* | 590 cal | \$4.29 |
| ham, egg, pepper-jack cheese on Texas toast | | |
| The Southerner* | 400 cal | \$4.29 |
| double fried egg & cheese on a bagel | | |
| Build Your Own* | varies | \$4.29 |
| fried egg, one meat & one cheese on choice of bread | | |
| Buttered Bagel* | varies | \$3.29 |
| toasted bagel with butter | | |
| Cream Cheese Bagel* | varies | \$3.99 |
| plain or strawberry | | |
| Cinnamon Roll* | 370 cal | \$3.79 |

MEAL EXCHANGE

Entree* + One Side + One Drink
 *these items are allowed as an entree

SIDE

Bag of Chips 1 oz | Whole Fruit

BEVERAGE

12 oz Coke Fountain Drink
 4 oz Ardmore Juice

BUILD YOUR OWN SANDWICH

BREAD

| | | |
|------------------|----------|---------|
| White Sub | 12 inch | 430 cal |
| Wheat Sub | 12 inch | 420 cal |
| White Bread | 2 slices | 200 cal |
| Multigrain Bread | 2 slices | 200 cal |
| Texas Toast | 2 slices | 160 cal |
| Plain Bagel | each | 230 cal |
| English Muffin | each | 160 cal |
| Biscuit | each | 190 cal |

PROTEIN

| | | |
|---------------|----------|---------|
| Bacon | 4 slices | 110 cal |
| Sausage Patty | each | 130 cal |
| Fried Egg | each | 110 cal |

CHEESE

| | | |
|--------------------|---------|--------|
| Cheddar Cheese | 1 slice | 55 cal |
| Provolone Cheese | 1 slice | 50 cal |
| Pepper-Jack Cheese | 1 slice | 50 cal |
| White American | 1 slice | 55 cal |
| Swiss Cheese | 1 slice | 55 cal |

DRINKS

| | | |
|-------------------------------|-------|---------------|
| Coke Fountain Drinks | 12 oz | \$2.09 |
| | 16 oz | \$2.89 |
| Tractor Slushie Drinks | 12 oz | \$3.99 |
| | 16 oz | \$4.99 |
| Ardmore Juice | 4 oz | \$0.59 |



BUILD YOUR OWN

one meat, one cheese, three toppings & two condiments

BREAD

| | |
|-------------------|---------|
| 12" White Sub | 430 cal |
| 12" Wheat Sub | 420 cal |
| White Bread | 200 cal |
| Multigrain Bread | 200 cal |
| Texas Toast | 160 cal |
| Spinach Herb Wrap | 300 cal |
| Tomato Basil Wrap | 300 cal |
| Flour Wrap | 300 cal |

PROTEIN

| | |
|----------------|---------|
| Roasted Turkey | 110 cal |
| Smoked Ham | 120 cal |
| Capicola Ham | 214 cal |
| Pepperoni | 520 cal |
| Genoa Salami | 120 cal |
| Tuna Salad | 480 cal |
| Bacon | 110 cal |

CHEESE

| | |
|-------------|---------|
| Cheddar | 115 cal |
| Provolone | 100 cal |
| Pepper-Jack | 105 cal |
| American | 95 cal |
| Swiss | 115 cal |

VEGETABLES

| | |
|--------------------|--------|
| Shredded Lettuce | 5 cal |
| Baby Spinach | 5 cal |
| Sliced Tomatoes | 5 cal |
| Sliced Onions | 5 cal |
| Mixed Bell Peppers | 10 cal |
| Dill Pickles | 0 cal |
| Banana Peppers | 5 cal |
| Black Olives | 5 cal |
| Jalapeno Peppers | 0 cal |

CONDIMENTS

| | |
|---------------------|---------|
| Mayonnaise | 110 cal |
| Buffalo Mayonnaise | 110 cal |
| Chipotle Mayonnaise | 120 cal |
| Yellow Mustard | 15 cal |
| Spicy Brown Mustard | 20 cal |
| Honey Mustard | 80 cal |
| Ranch Dressing | 50 cal |
| Buffalo | 0 cal |
| Olive Oil | 65 cal |
| Red Wine Vinegar | 0 cal |

EXTRAS

| | |
|---------|--------|
| Protein | \$2.99 |
| Cheese | \$0.99 |
| Veggies | \$0.49 |

MEAL EXCHANGE

*Sandwich Entree + One Side + One Drink

SIDE 1 oz Bag of Chips | Whole Fruit

DRINK 12 oz Fountain Drink

CLASSICS

| | | |
|--|----------------|---------------|
| Pacer Melt* | 550 cal | \$5.99 |
| American, Swiss, provolone & cheddar cheese on Texas toast | | |
| Pacer Fields* | 350 cal | \$6.99 |
| baby spinach, shredded lettuce, choice of cheese & unlimited veggies | | |

STANDARD

6" SUB \$7.49

12" SUB \$13.99

Bacon Bliss (BTL)* 480 cal
crispy bacon, choice of cheese, lettuce, tomato & mayonnaise

Tuna Salad* 530 cal
tuna salad, choice of cheese & lettuce, tomato

Classic Ham & Swiss* 460 cal
smoked ham, swiss, lettuce, tomato & honey mustard

Build Your Own* varies
one meat, one cheese, three toppings & two condiments

SIGNATURE

6" SUB \$9.29

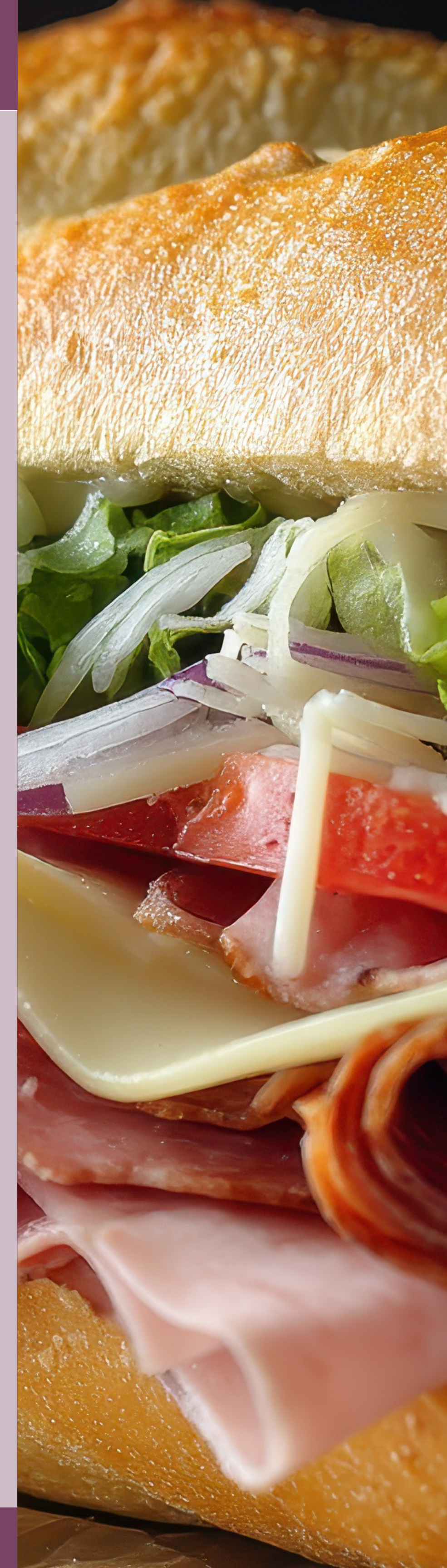
12" SUB \$17.99

The Italian Stallion 430 cal
smoked ham, capicola ham, genoa salami, choice of cheese with lettuce & tomato

The Aiken Club 530 cal
oven roasted turkey, smoked ham, crispy bacon, choice of cheese with shredded lettuce, tomato & mayo

DRINKS

| | | | | | |
|-------------------------------|-------|---------------|--|-------|---------------|
| Coke Fountain Drinks | 12 oz | \$2.09 | | 16 oz | \$2.89 |
| Tractor Slushie Drinks | 12 oz | \$3.99 | | 16 oz | \$4.99 |



2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.