

Open Monday - Friday 11:30 am - 2:00 pm

MEAL PLAN DISCOUNT 40% OFF

DISCOUNT 10% OFF

MONDAY August 25

SOUP

Chicken Noodle Soup Tomato Soup

> SANDWICH Italian Panini

VEGETARIAN Falafel

ENTRÉE

Roasted Italian Herb Pork Loin

SIDES

Mashed Potatoes Green Beans

PASTA

Beef Meatballs & Penne Bake **TUESDAY** August 26

SOUP

Fall Harvest Soup Sweet Corn Chowder

> SANDWICH Birria Tacos

VEGETARIAN

Jackfruit Carnitas

ENTRÉE

Ancho Lime Chicken

FILLERGEN-FRIENDLY

Pork Carnitas

SIDES

Mexican Rice Baja Vegetables WEDNESDAY

August 27

SOUP

Chicken & Rice Soup Loaded Baked Potato Soup

SANDWICH

Sliced BBQ Beef Brisket Sandwich with Coleslaw

> VEGETARIAN Vegetarian Gumbo

> > ENTRÉE

Southern Fried Chicken

FILLERGEN-FRIENDLY

BB0 Pulled Pork

SIDES

Macaroni & Cheese Braised Collard Greens THURSDAY

August 28

SOUP

Curried Lentil Soup Broccoli & Cheddar Soup

SANDWICH

Chutney Cheese Toastie

VEGETARIAN

Chana Masala

ENTRÉE

Chicken Tikka Masala

SIDES

Aloo Gobi (potatoes & cauliflower) Carrot & Pea Sabzi (Gently spiced with cumin & turmeric)

PASTA

Butter Masala

FRIDAY August 29

SOUP

Beef & Vegetable Soup Butternut Squash Bisque

SANDWICH

Classic Rueben

VEGETARIAN

Spinach Lasagna

ENTRÉE

Crispy Fried Fish

FILLERGEN-FRIENDLY

Herb Roasted Beef with Mushroom Demi

SIDES

Seasoned Fries
Steamed Broccoli



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MONDAY Labor Day

FOR THE

TUESDAY September 2

SOUP

Chicken & Vegetable Soup Sweet Corn Chowder

SANDWICH
Traditional Beef Tacos

VEGETARIAN

Quinoa & Roasted Vegetable Stuffed Zucchinni

ENTRÉE

Pollo en Salsa Verde

SIDES

Steamed Rice Esquites (off-the-cob elote served with topping

PASTA

Poblano Cream Pasta

WEDNESDAY

September 3

SOUP

Minestrone Soup Loaded Baked Potato Soup

SANDWICH

Fried Green Tomato BLT

VEGETARIAN

Vegetable & Biscuit Potato Pie

ENTRÉE

Southern Fried Chicken

FILLERGEN-FRIENDLY

Southern Meatloaf

SIDES

Roasted Sweet Potatoes Garlic Roasted Broccoli THURSDAY September 4

SOUP

French Onion Soup Broccoli & Cheddar Soup

SANDWICH

French Chicken Salad Sandwich

VEGETARIAN

Spinach & Feta Lasagna

ENTRÉE

Coq au Van (Chicken braised in wine)

FILLERGEN-FRIENDLY

Bouef Bourguignon

SIDES

Gratin Dauphinois (rich & creamy potato gratin) Green Beans FRIDAY

September 5

SOUP

Spiced Chickpea & Tomato Soup Butternut Squash Bisque

SANDWICH

Cajun Chicken Sandwich

VEGETARIAN

Vegetable Gumbo

ENTRÉE

Blackened Fish

ALLERGEN-FRIENDLY

Country Style Pork Ribs

SIDES

Rice Pilaf & Hush Puppies Honey Glazed Carrots